



Junee High School

# Newsletter



Congratulations Jacky  
GEO Bressington  
Scholarship

- Phone: (02) 6924 1666
- Fax: (02) 6924 1798
- Email: [junee-h.school@det.nsw.edu.au](mailto:junee-h.school@det.nsw.edu.au)
- Website: [www.junee-h.schools.nsw.edu.au](http://www.junee-h.schools.nsw.edu.au)

To Dream. To Create. To Succeed.

Junee High School  
52 Lydia Street  
Junee NSW 2663



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52 Lydia Street (PO Box 141)  
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■ 2017 ■ Term 1 ■ Weeks 2 & 3

■ Newsletter

## Calendar

### Term 1, Week 2

Thu 8 Feb University of Wollongong Discovery Day  
Raiders Visit

### Term 1, Week 3

Wed 14 Feb P&C Meeting 7pm – 8pm  
Thu 15 Feb JHS Swimming Carnival  
Fri 16 Feb School Photos

### Term 1, Week 4

Thu 22 Feb NRL Come and Try Day – sport  
Coaching Assisting Primary Schools  
Fri 23 Feb Zone Swimming @ Tumut

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## Feature Photo



Jacky GEO Bressingotn Scholarship Award Winner

## School Photos

Friday 16 February 2018  
Full Summer School Uniform

## Breakfast Club

Breakfast Club is available Tuesday and Thursday  
8.20am to 8.50am.

## Active Kids Voucher

Commencing January 31 2018, the NSW Government will allocate \$207 million over four years to establish Active Kids. Active Kids is a program to help NSW families meet the cost of getting their kids into sport and active fitness and recreation activities.

The NSW Government will provide a \$100 voucher to parents/guardians of school enrolled children. The \$100 voucher can be used for registration and participation costs for sport and fitness activities.

The initiative aims to reduce barriers to participation and help change the physical activity behaviours of children and young people in NSW.

<https://sport.nsw.gov.au/sectordevelopment/activekids>

## Principal's Message

Welcome back to school everyone. I look forward to this term, making the start to the school year settled and productive for all.

I welcome all new staff to our great school. In the newsletter, please find attached an updated staff list for you to know our school staff.

We welcome Mr Mitchell Purton in TAS and also Mr Adrian Priem in Science/PDHPE. Also congratulations to Mrs Tash Harpley who will take on 3 days a week in School Administration role.

This year we are also happy to welcome back Sam George and Sarah Zimmerman. Sam is from Family Referral Service. She will be available at the school Wednesdays weekly. Sarah is the school Psychologist and she is available Wednesdays and most Tuesdays for both students and parents. You can make an appointment with Sam or Sarah by written request, dropping into the office or contacting the school.

In the Ngumba Dal Learning Community, we welcome Ms Tracey Delaney as Principal of Junee PS and Mr Anthony Leary, Principal Eurongilly PS. As a learning Community, we look forward to continuing our great association and learning together.

The first week has gone quickly with students settling quickly into class routines, sorting out seating arrangements and new class groupings, especially in the junior years.

All new classes go through change and adjusting to new people. This new group dynamics can be seen in different stages as: Form, Storm, Norm and Perform.

**Form:** New class and groupings put together.

**Storm:** Sorting out friendships, who sits where and how to react in different situations. Sometimes there

are tears and upsets like the thunder and rain of a storm. But we know things settle down.

**Norm:** This is when things become normal, students settle into routines & groups, and there is less conflict.

**Perform:** Students are happier, focused working on their learning and relationships are more positive.

We see this occurring in most situations, but especially in the first few weeks at school.

As parents, you can support your children in the first few weeks at school with letting them know:

- change happens, for good and bad, but things can always get better
- remember times they have experienced change and coped with that change
- the importance of sleep, being organised with their equipment and good food

## Australia Day & GEO Scholarships:

Congratulations to the students picking up scholarships and awards at the Australia Day celebration and well done to the committee and GEO Group for their hard work putting on a fantastic event.

Congratulations: Emily Guinan, Taylah Hackett, Mae-rose Harrison, Jack McCarthy, Molly McLennon, Zyon Shepherd, Adam Spackman, Jacky Zhao.

Also congratulations to Zyon Shepherd recognised as Junee Young citizen of the year!

## P & C

P & C meets twice a term, Week 3 & 8 on Wednesday evenings, to coincide with Empower PM with P&C being a great support for our school. Importantly they manage our school canteen, with all proceeds going back into our school to support students. Importantly they manage our school canteen, with all proceeds going back into our school to support students. Lunch should not be bought at local shops and delivered to students – use our canteen thanks! If lunch or supplies need to be brought to your child, please bring it to the office. Thanks for your support.

This Term P&C are planning an Agriculture Dinner on Friday 6th April to fundraise for AgVision. Julie Shepherd is taking bookings soon, with seats costing \$50 for two course dinner and entertainment, with special guest speaker Mr Jock Gragham, discussing telecommunications in the country.

## Attendance

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Attendance continues to be important for students to be maximising their learning and getting used to adhering to timetables, work schedules and commitments. Explanatory notes or phone calls explaining the absence should occur within 5 days of the absence.

At times students need to leave school for appointments. I thank parents who organise this with the office, so we can efficiently organise leave passes. No student should leave the school unless they have been signed out at the office. This includes recess and lunch, unless permission has been granted. This is for the safety of all students and staff.

Year 12 students however have special rights and responsibilities as mature members of our school community. If they have a study period in Period 1 or 6, they are allowed to sign in by period 2 or sign out at the start of period 6. Thursday mornings during term 1 and 4 have sport moved to Thursday mornings. This allows Year 11 and 12 students to sign in during recess and have periods 1 & 2 away from school. They can still come to school earlier with time and staff allocated for them to study and complete learning in the Learning Centre.

## Invoices for Subject Fees:

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Thank you to parents/ carers who have been able to finalise payments this year. As we have moved across to a new Administration system, we are working out the best ways to communicate to parents about fees and invoices. If you receive an invoice that you believe is incorrect, please contact the school to speak with the Administration staff that will do their best to resolve the issue.

Elective subject fees for students in years 9 through to 12 are compulsory and pay for the materials and equipment used in classes. Payment of these fees allows the student to use materials and complete their tasks.

## Feedback

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We value your feedback. We are constantly improving the way we work, so let us know if you have any suggestions.

We would also like to know if you think we are doing something well. It helps us to make sure we continue

to do great things in public education and training. We'll make sure your message is passed on.

What can a complaint be about?

You can make a complaint about:

- Any aspect of the services we provide
- Any decision, including those about enrolment
- Any practice, policy or procedure
- Staff behaviour or conduct.

## Making a complaint

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We are committed to resolving complaints promptly at a local level. If you wish to make a complaint about our school, start by talking to the teacher or myself as principal.

We encourage you to raise your complaint directly in person, by email, over the telephone or by letter if you prefer.

**The five key stages of managing a complaint are:**

- Acknowledge and Advise
- Assess, gather information, and meet
- Resolve (with possible actions)
- Advise outcome
- Follow-up and records

Depending upon the seriousness of the complaint will determine how the complaint is handled.

## Complaint Handling

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Our school is committed to building a safe and happy environment for students, staff, parents and the broader community. The following information is not specific to any case, nor has there been an increase in complaints. This is just supplying parents with information as good practice from our school.

## Concerns about students

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We encourage parents and carers to advocate strongly on their child's behalf and, as part of this, expect them to raise concerns about their child.

Sometimes these concerns may relate to the way a child may have been treated by another student at this school. It is natural for parents and carers to feel protective of their children.

However you must not raise any concerns you have about the behaviour of another child directly with that child (or his or her parents while they are at school) but should instead report your concerns to myself or a member of the executive team.

Your concerns will be taken seriously and responded to promptly.

If a parent, carer or other community member raises their concerns directly with a child (or their parents while they are at school) this may result in the access that person has to the school site being restricted or withdrawn.

We greatly value the contribution parents, carers and other community members make to the school community and do not wish to take any action those impacts on their participation in school activities.

More information about complaint handling can be found at: <https://education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions>

I look forward to continue working with staff, students and parents in continuing to make Junee HS a great school.

**Be your best. Be respectful. Be responsible**

**Mr Scott Frazier  
Principal**

## Visit from Ms Steph Cook MP

Students were fortunate to have a visit from our local member for Cootamundra, Ms Steph Cook MP. Steph addressed the morning assembly with a recall of her pathway to her career as a Member of Parliament. After the assembly Steph spoke to the school captains about their responsibilities and duties as Captains and their Year ahead in year 12.



## PDHPE Report

This year, students in Years 7-10 will be involved in the mandatory subject Personal Development, Health and Physical Education (PDHPE). This subject prepares and supports students to lead, and contribute to, healthy, safe and meaningful lives which promote respect, responsibility, enjoyment, inclusion and social justice for self and others.

Our school's PDHPE program covers a wide range of education matter, including relationships, drug use, sexuality and sexual health, body image, mental health and wellbeing, protective strategies, movement skills and performance, safety and physical activity. Some of the content of the program deals with sensitive issues. The school recognises this by teaching about these issues within the context of a developmentally appropriate program and by providing information to you about the program. Each student has been issued with a scope and sequence for the course, which provides an overview of the topics that will be covered in 2018.

The school program will be implemented in a manner that supports the role of parents and caregivers, and reflects the ethos of the school community. These lessons are based on the learning outcomes of the NSW Syllabus. The material presented to students as part of the teaching and learning process is age appropriate, relevant to curriculum aims and objectives and consistent with the values of Public Education.

For more information on PDHPE curriculum content, go to the [BOSTES website](#).

If you would like more information or have any concerns about the content covered, please contact the PDHPE faculty by telephone, 6924 1666.

**Mrs A Francis  
PDHPE Head Teacher**

## Safer internet day – 6 February 2018

On 6 February 2018 we celebrated Safer Internet Day! Safer Internet Day is an opportunity to raise awareness of the safe and positive use of digital technology, and to explore the role we can all play in creating a better and safer online community. Coordinated by the Office of the eSafety Commissioner nationally, and celebrated in 130 countries, this year's theme was: 'Create, connect and share respect: A better internet starts with you.'

Junee High School supported Safer Internet Day through providing information to students during roll call about using the internet in a respectful manner and on social media using #SID2018. Everyone can help spread the word and raise awareness about the importance of respect online.

## Riverina Sport Trials

Throughout the year, trials will be held for many Riverina representative sporting teams. Students will be informed of these trials through the school newsletter and via the morning notices.

If your child wishes to trial for a representative team, it is essential they see a PE staff member to collect a permission note and be formally nominated by the school.

## Upcoming Representative Sport Dates:

Riverina Volleyball Trials Girls & Boys	Friday 9 February
School Swimming Carnival	Thursday 15 February
Riverina Basketball Trials- Boys	Tuesday 20 February
Zone Swimming Carnival	Friday 23 February

## School Sport

For the safety of staff and students, weekly sport has been moved to Thursday mornings during Terms 1 and 4. Students are able to wear sports uniform to school on Thursday. It is also recommended they wear a hat, sunscreen and bring a water bottle each week.

## Junee Swimming Carnival

Students will meet at the Junee Rec Centre to have rolls marked at 9:00am. Students will be dismissed from the Rec Centre at the conclusion of the carnival. Students are encouraged to wear their house colours and there will be best dressed prizes awarded. Along with the normal swimming events, freestyle, breaststroke, backstroke, butterfly and relays there will be novelty events held throughout the carnival.

These novelty events, best dressed prizes, bonus points for team spirit and cheering all aim to provide a positive atmosphere and to increase active participation from all students.

We encourage all students, parents, carers, family members and members of our local community to

attend the carnival and support Junee High School's students.

**Lunch orders** will be available from our canteen and can be submitted prior to the carnival. Please let Maree know that your order is intended for the swimming carnival.

Year 12 will be running a BBQ. With bacon and egg rolls available for recess and sausage sandwiches available for lunch. Year 12 will also have a range of drinks for sale.



## Female Milo T20 Blast

Female students in years 7 and 8 are encouraged to nominate for the upcoming T20 Milo Blast cricket competition. The competition will be held at Bolton Park, Wagga Wagga on the 1st of May. Students are asked to submit their names to PDHPE staff.

## PASS, Sport Coaching & Senior PDHPE Excursion

Junee High School is again busily planning the PASS/PDHPE/Sports Coaching excursion. This year students will be visiting Australia's sporting capital Melbourne from Wednesday March 21 to Friday March 23.

Transport will be by Avis mini bus to Seymour where students will then catch trains to the city and use public transport to visit the large range of attractions planned. Due to requirements from our accommodation we must have deposits of \$44.00 paid to the office by Wednesday March 7 2018 in order to secure our booking and allow them to arrange our rooms.

Students will have the opportunity to attend one of two sporting matches either the NRL match, Melbourne Storm v North Queensland Cowboys or the AFL match Richmond Tigers v Carlton Blues. Students must select the match they wish to attend when submitting their expression of interest note. Activities that are in the planning phase include a tour of the MCG and the National Sporting Museum as well as a tour of Rod Laver Arena, a possible visit to Melbourne

Star Observation wheel and we are currently in discussions with the Melbourne Storm and a number of AFL clubs in regards to visiting their facilities. I do understand the pressure the deposit can put on families and if there are any issues meeting this obligation so soon in the term please call me on 69241666.

## P & C Report

Welcome back and we hope everyone had an enjoyable break.

The P and C team are straight back into action with the first P and C meeting on Wednesday February 14th at 7.00 in staff room.

We encourage all parents and carers to attend and learn more about what goes on in your school. We hope that you can encourage your children's learning through their higher school education.

The AGM is on Wed 21st March and I declare all committee positions vacant.

Our first fundraiser for the year is on Friday March 23rd. This will be the street stall van outside the Junee chemist from 8.30 till 2.30. The P and C would love any volunteers to help on the day or help by making cakes, slices bringing plants, vegetables or any other stall goods for sale. There will be an Easter raffle with tickets for sale. Cakes can be left at the canteen on the morning or dropped off to the van by 9.00. We are also doing a morning tea slice run around the business houses. Thanks Jody Crowder for offering to help. If you need more details are would like to help out please contact Julie on 0400559402.

P and C are also organising an Agricultural dinner for the 6th of April. Price of tickets are \$50 per head for a two course meal. It will be an over 18 event with BYO. There will be a special guest speaker and Entertainment. The P and C will be catering and will need donations of legs of Lamb cooked. All proceeds go towards the Agricultural department at Junee High School in preparation for Ag vision 2018. Dinner will be served in the quadrangle under lights. Watch this space for more details.

P&C enquires can be made at [julieanneshepherd@outlook.com](mailto:julieanneshepherd@outlook.com) or by phoning Julie on 0400559402. Any help is greatly appreciated.

**Julie Shepherd**  
P & C Secretary



**COMMUNITY COLOUR FUN RUN**  
Jnr/Snr 2018  
Registration Easy




WHEN: SATURDAY 17 FEBRUARY  
WHERE: BURNS PARK (SOCCER GROUNDS)  
TIME: 10 AM FOR 10.30AM START  
FUN RUN COST: \$15  
Fun Bag Includes : T-Shirt, 5 bags colour powder, Bottles of Water, wrist band



Be early to enrol in fun run to receive a Fun Bag (Limited Fun Bags Available)  
Variety of Fun Activities  
For all ages on the Day

- Sausage Sizzle \$2
- Variety of Cold Drinks
- Zooper Doopers
- Extra Colour bags available for \$1



**After Fun Run**  
All Welcome  
Back to the Junee Bowling Club



LIGHT REFRESHMENT PROVIDED



**March 9th - 11th 2018**  
Junee  
Rhythm "N" Rail

10th anniversary! [www.RhythmNRail.com](http://www.RhythmNRail.com)

The second weekend in March each year sees the township of Junee, NSW transform into a hive of activity. Getting sidetracked for a few days has never been so much fun with heritage train shuttles, excellent food, wine, music and more.



SCAN ME!



## Skillsroad Show Visit

The Skillsroad Show arrived at Junee High with expert career advice on work readiness and job hunting skills

The students learnt to use their strengths and match their personal style and natural talent with a career

They worked on goal setting and they completed a job suitability exercise.





## Payments to School

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Below are the options available for payment/s to the school. We appreciate your assistance when paying for student/s fees, excursions and other curricular activities.

If you would like to discuss this please phone the office 0269241666 during school hours.

### **Parent Online Payment (POP)**

[www.junee-h.schools.nsw.edu.au](http://www.junee-h.schools.nsw.edu.au)

**\$Make a Payment** from ribbon bar.

Payment details

Complete as directed

### **Cash, Cheque or Card**

Payments can be made at the office.

### **EFTPOS Payment by phone**

Ring the school 69 241666 to make a payment by phone; as we are unable to receive written card details due to auditing regulations.

2018 – Junee High School Staff List

Position	Name
School <b>Principal</b>	Mr Scott Frazier
<b>Deputy</b> Principal	Mr Mark Turner
English/History/LOTE Faculty: <b>Head Teacher</b>	Miss Prue Asmus
English/History Teachers	Ms Kalia Forde (ALARM Coordinator)
	Miss Melinda Hyland (Production Coordinator)
	Mrs Sally Geaghan
	Miss Shakira Orellana
Teacher/Librarian	Miss Emma Meale (SRC Coordinator)
Mathematics/Science: <b>Head Teacher</b>	Mrs Sandra Heffernan
Mathematics	Mr Matthew Hands (Maths/PE)
	Mr William Lee
Science	Mr Andrew Bedford
	Mr Peter Nicoll
	Mr Adrian Priem
Science Prep	Miss Margaret Belling (SAO)
PDHPE Faculty: <b>Head Teacher</b>	Mrs Andrea Francis (PBL Coordinator)
	Mr Anthony Stokes (Sports Organiser)
	Miss Olivia Hounsell
Teacher & Learning: <b>Head Teacher</b>	Ms Jen Hoy
HSIE Teacher	Ms Leonie Pocock
TAS/Creative Arts Faculty: <b>Head Teacher</b>	Miss Emma Turvey (VET Coordinator)
Ag/Metal/Wood	Mr Paul Anderson
Metal/Wood	Mr Mitchell Purton
Visual Arts	Ms Bree Biggar (Wellbeing Coordinator)
Food Prep Room	Mrs Jen Anderson (SAO) (First Aid Officer)
Music	Miss Melinda Hyland
School Counsellor	Mrs Sarah Zimmerman
Careers Adviser/Vocational Education	Mrs Elaine Bunyan (First Aid Officer)
Learning and Support Teacher	Mrs Rhonda Heffernan & Mrs Leigh Fitzgerald Wed
Year 7 Adviser	Miss Olivia Hounsell
Year 8 Adviser	Mr Matt Hands
Year 9 Adviser	Mr Anthony Stokes
Year 10 Adviser	Ms Bree Biggar
Year 11 Adviser	Mr Paul Anderson
Year 12 Adviser	Mrs Elaine Bunyan & Mrs Rhonda Heffernan
Student Representative Council	Miss Emma Meale
Girls' Supervisor	Miss Melinda Hyland
Boys' Supervisor	Mr Paul Anderson
Family Referral Service	Miss Samantha George
School Administrative Manager (SAM)	Mrs Leonie Cooper
School Office	Mrs Debbie Pickles (SAO)
	Mrs Lisa Harris (SAO)
	Mrs Natasha Harpley (SAO)
School Chaplain	Mr Lucas King
Farm Assistant/General Assistant	Mr Phillip Turton
	Mr Shane Logan (Casual)
School Learning Support Officers	Mrs Amanda Crane, Miss Rebecca Blanchard & Mrs Nicole Baldry
P&C President	Mr David McLennan
Canteen Manager	Mrs Maree Wright



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2017 Term 1 Weeks 2 & 3

Newsletter

## Information Required before the Swimming Carnival 15 February 2018

### Permission to Participate in Swimming and Water Sports

I give permission for my child/children listed below:

Name _____	Year _____
Name _____	Year _____
Name _____	Year _____
Name _____	Year _____

to participate in excursions to the Junee Aquatic centre to participate in swimming and water related activities. This includes swimming for sport, PDHPE, rewards days and the school swimming carnival.

My child's swimming ability is as follows:

- |   |   |
|---|---|
| <input type="checkbox"/> Non Swimmer (requires floatation device) | <input type="checkbox"/> Weak swimmer (25m or less) |
| <input type="checkbox"/> Average swimmer                          | <input type="checkbox"/> Strong swimmer             |

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
 (Parent/Caregiver)

To be returned to the front office by Tuesday 13 February 2018





## Family and Community Services Scholarships 2018

### – Information for applicants

FACS is offering scholarships to help students enrolled in education or training to complete their studies. Successful applicants will receive \$1,000 to help with school expenses.

#### How much is the scholarship?

Each scholarship for the 2018 academic year is \$1,000 (GST exempt). You can apply again each year for up to seven years to help you complete your studies.

#### Who can apply for a scholarship?

You are eligible to apply if you are:

- living in social housing (which includes public, community or Aboriginal housing), on the NSW Housing Register, receiving FACS private rental assistance, living in crisis/supported accommodation, or living in out-of-home care
- studying in Year 10, 11 or 12 at a NSW high school or TAFE, completing a school based apprenticeship or traineeship, or studying a VET subject at school in 2018
- an Australian citizen or permanent resident
- not earning an income higher than the NSW social housing eligibility limits (if earning an income).

If you have previously been awarded a FACS Scholarship, you can still apply for the 2018 academic year. You will receive an email providing the details of how to apply again in 2018.

#### When can I apply for a scholarship?

Applications open at 9am on 22 January 2017 and close at 5pm on Friday 23 February 2018.

We cannot accept late applications.

#### How can I apply for a scholarship?

It's easy to apply online. You must have a valid email address to register and receive communication about your application. The link to FluidReview will be provided when applications open early next year.

To apply, you should:

1. Visit our online form to set up an account and create a password.
2. Complete the eligibility questions and all relevant sections of the form.
3. Provide evidence of your social housing status
4. Upload a School Reference from a staff member who will support your application. This could be your teacher, careers advisor, year advisor, welfare teacher etc.

5. Provide details of a staff member from your school or TAFE who can tell us about what you're studying and who will administer your scholarship money if you are successful.
6. Make sure you complete the Application Declaration and Media Consent form. You should ask a parent or guardian to do this for you if you are under 18 years old.

You can also choose someone to help you fill in your application. To do this you will need to provide this person's email address and choose the level of access you would like to give them.

### **How will I know if I'm successful?**

We will send all applicants (and anyone that assists you to complete an application) an email once we receive an application. We will send another email to all applicants and their schools in May 2018 advising of the outcome of your application.

### **What can I use the scholarship for?**

If your application is successful, you can use your scholarship for educational expenses like textbooks and course fees, or to help pay for practical supports like medical needs, child care and internet. You will be able to keep anything you buy with the scholarship.

### **What can't I use the scholarship for?**

You can't use your scholarship to pay for items provided through other financial assistance programs offered by your school or TAFE.

### **How will I receive my scholarship funds?**

FACS will pay the scholarship directly to your school, which will help you to decide how to spend the scholarship money and give it to you. Each school might have its own process for how it will pay you, which they will explain to you.

### **How will you assess my application?**

A panel made up of staff from FACS and other organisations like Aboriginal housing providers, community housing providers and NSW Education will assess applications against priority criteria. Decisions made by the panel are final and cannot be appealed.

### **Where can I find out more?**

Email:

[education@facs.nsw.gov.au](mailto:education@facs.nsw.gov.au)

u Web:

[www.facs.nsw.gov.au/education](http://www.facs.nsw.gov.au/education)

**AFL Playing Record:** (Please indicate teams and years in School, Club and Representative Levels)

School: \_\_\_\_\_

\_\_\_\_\_

Club: \_\_\_\_\_

\_\_\_\_\_

Region: \_\_\_\_\_

\_\_\_\_\_

Other: \_\_\_\_\_

\_\_\_\_\_

Playing Goals for upcoming year: \_\_\_\_\_

\_\_\_\_\_

**Consent Declaration**

**By completing this application, you have been selected to trial.**

Parent / guardian: I give my child/ward \_\_\_\_\_

Permission to trial for selection to the Southern Sports Academy 2018 AFLW Scholarship Program to be held at Bolton Park, Wagga Wagga on Monday 12<sup>th</sup> February

Signed: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Please complete this form in full and return by Thursday 8<sup>th</sup> February 2018 electronically ([chsese@ssa-nsw.org.au](mailto:chsese@ssa-nsw.org.au)) or by post at:

2018 AFLW Scholarship Program  
Southern Sports Academy  
PO Box 8545  
Koorringal 2650

For further information contact: Southern Sports Academy, on phone 02 6931 8111 or Email: [chsese@ssa-nsw.org.au](mailto:chsese@ssa-nsw.org.au). Applications are also available at: [www.ssa-nsw.org.au](http://www.ssa-nsw.org.au)



**2018**

**AFLW Scholarship Program**

*For Girls Born: 2002-2004*

*(Aged 14 to 16 in 2018)*

Trial

Monday 12<sup>th</sup> February 2018

Gumly Oval, Gumly Gumly.

5:30-7:00pm



Further information is available by contacting the Academy on phone 6931 8111 or email: [chsese@ssa-nsw.org.au](mailto:chsese@ssa-nsw.org.au)

**NOTE:** If an athlete is unable to attend the trial, they should lodge this nomination with a letter clearly outlining reasons why an exemption should be granted for inability to attend. The application will be considered prior to the trial and the athlete will be notified if their exemption has been approved.

**What Does The Southern Sports Academy Do?**

Southern Sports Academy athletes come together at least twice a month to receive the best and most professional coaching available in the area.

- The will provide coaching, training, and athletic development to improve athletes with a view to:
- Develop the fundamental skill level of athletes which will enhance their opportunities for selection into the AFLW performance pathway
  - Prepare athletes to a level where their transition to any representation 'seamless' in terms of programs or pathways;
  - Increase the level of success of those athletes at competition and events.

In addition to the quality coaching, all scholarship holders in the Academy are also exposed to a range of workshops from our specialist consultants including workshops relating to Sports Psychology, Nutrition, Recovery, Athletic Development as well as receiving Strength and Conditioning training that is specific to their sport with complimentary gym membership.

The Southern Sports Academy also understands there is a great deal more to being an outstanding athlete than what happens solely on the sporting field. To this end, the Academy provides professional tuition for its athletes on Personal Development related issues. Topics that are covered include (but are not restricted to) Leadership Skills, Goal Setting, Expectations and Obligations of the Professional Athlete, Responsible Use of Social Media, Time Management and Media Skills.

All this adds up to the Southern Sports Academy leading the way in terms of providing valuable development opportunities for junior athletes in the Southern NSW region.

Training sessions will be held on Monday afternoons from 1<sup>st</sup> Feb 2018 until late July 2018. An Induction and Leadership Camp will also take place at Borambola Sport and Recreation Center from Friday 23<sup>rd</sup> – Sunday 25<sup>th</sup> Feb.

The program also encompasses the Cudos NSW Academy Games, to be held in the Hunter Region on April 27<sup>th</sup>, 28<sup>th</sup> & 29<sup>th</sup>, this will act as the selection trials for the NSW/ACT representative program.

No training during school holiday periods. Training location: Bolton Park Wiegga. **Athlete Levy:** Athletes who are invited into the program will incur an athlete levy of \$300 which includes all aspects of the program (clothing, travel and accommodation).

Scholarships are not in the form of a monetary sum, but enable the athlete to participate in Academy development programs at a greatly reduced rate.

**Southern Sports Academy  
2018 AFLW Scholarship Trials**

Please arrive 20 minutes prior to the scheduled start, dressed in AFL playing/training gear including mouth guard, and any personal strapping if required.  
Please bring a water bottle and any medication (asthma puffers, etc.) clearly marked with your name if needed

**\*\* Persons arriving late will not be accepted \*\***

**2018 AFLW Scholarship Program  
Nomination Form**

Surname \_\_\_\_\_ Given Name \_\_\_\_\_

Address \_\_\_\_\_ Postcode \_\_\_\_\_

Email \_\_\_\_\_

School Attended \_\_\_\_\_ Year \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Bus) \_\_\_\_\_

Mobile: (Athlete if applicable) \_\_\_\_\_ (Parent) \_\_\_\_\_

Parent's / Guardians Name(s) \_\_\_\_\_

Emergency Contact No. \_\_\_\_\_ Medicare No. \_\_\_\_\_

Medications/Medical Conditions (eg. Asthma, Allergies etc) \_\_\_\_\_

**Declaration and Authority**

I, Mr / Mrs / Ms \_\_\_\_\_ hereby give permission for \_\_\_\_\_ to receive whatever medical attention is deemed necessary in the case of illness or accident. I also undertake to pay all associated costs (ie. Ambulance travel), medical fees and / or the cost of drugs which may be incurred while my child / ward is in the care of the Academy. This permission is given to the AFL staff of the Southern Sports Academy.

**Player Profile**

**Supplying all player details is compulsory, leave no blank spaces**

DOB: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Sex: M / F

\* Name of current club? \_\_\_\_\_

\* Preferred playing positions 1 \_\_\_\_\_ 2 \_\_\_\_\_

\* Are you of Aboriginal or Torres Strait Islander descent? YES / NO

\*\*\* Complete Details Over Page \*\*\*





# Junee Tae Kwon Do-S.E.A.T

Back to school with confidence



## Learn

Life skills

Self-defence

Gain confidence

Get fitter

Less screen time more active time

*Join us at Junee Tae Kwon Do-S.E.A.T*

*From the 5th of February, Monday nights 6.30pm  
at the Junee High School*

Contact: John 0458319718

Face Book: Junee Tae Kwon Do-S.E.A.T

Email: [john@ausselfdefence.com.au](mailto:john@ausselfdefence.com.au)

