



Junee High School

# Newsletter



## Flashback of our current Yr 12 Students

- Phone: (02) 6924 1666
- Fax: (02) 6924 1798
- Email: [junee-h.school@det.nsw.edu.au](mailto:junee-h.school@det.nsw.edu.au)
- Website: <https://junee-h.schools.nsw.gov.au/>

To Dream. To Create. To Succeed.

Junee High School

52 Lydia Street

Junee NSW 2663



Education

A PROUD MEMBER OF THE





# June High School

■ Principal: Mr Scott Frazier  
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June High School  
52 Lydia Street (PO Box 141)  
June NSW 2663

■ 2020 ■ Term 2 ■ Weeks 1 and 2

■ Newsletter

## Calendar

### Term 2, Week 3

Mon 11 May	Year 7 return to school Mondays
<b>Wed 13 May</b>	<b>Stage 6 return to school Wednesdays</b>
Thurs 14 May	Stage 5 return to school Thursdays
<b>Fri 15 May</b>	<b>Year 8 return to school Fridays</b>

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## Please note the change in the Parent/Student Portal login link.

Please amend your bookmarks, favourites & searches to <https://junee-h.sentral.com.au/portal/login>

Any problems please phone the school 6924 1666

Thank you.

## Feature Photo



A flashback of our current Year 12 Students

## Principals Report

Welcome back to the term and my best wishes to everyone as we continue to manage in this new environment. Although the change has been extremely challenging, I am seeing and hearing great stories of resilience, perseverance and support for others.

We continue to adjust our plans for resuming school and work with the students who have been attending school for the past two weeks. It has been great to see the feedback from parents and students about our Term 2 plans, our virtual assembly and the continuity of learning we are managing.

I have continued to be amazed by our school staff and their ongoing care and support for the students and families of June. A few examples include:

- Preparation and distribution of over 150 learning packages each in Week 9 Term 1 and Week 1 Term 2.



- Installation of an outdoor classroom in the senior quadrangle between art and food technology buildings
- Installation of aquaponics and hydroponics area, housing 49 silver perch fingerlings at the moment
- Upgrade of agriculture area, with worm farms, composting, seedlings and incubation of over 100 chicken eggs
- Arrangement of safety posters, social distancing barricades, floor tape and restriction of water bubblers
- Hundreds of emails and phone calls to students to support them in their learning.
- Staff volunteering to assist individual students with their learning from home, coming into school to meet with them or to talk on the phone to help.

A number of parents have liked seeing the hard copy of the online work, being able to support their child as they learn from home. I encourage the students to complete their learning in the Google classroom and be involved in the virtual lessons on Microsoft teams. This is the most efficient and hygienic way to distribute the learning, gain feedback and discuss the learning.

For families that do need a laptop or a dongle to connect to the internet, these are available at school. Please contact me to discuss these loan arrangements.

I will continue to deliver some online video messages and letters home to keep you informed of developments, including information about assessments, the HSC and Term 2 organisation. It has been great to engage with people during our virtual assemblies. These will be held Friday Weeks 3, 5, 7 & 9 at 12pm.

## To Our Students

Well done in continuing with your school learning and assessments. It has been great to see so many engaging in the online lessons and speaking with school staff when they call or email.

- Hard copy booklets can be returned to school when you pick up learning package 3 for weeks 4 to 6 from Monday 18 May.

- Online activities should be "turned in"/submitted in each of your google classrooms when the activity is completed.

Year 11 & 12 Students:

- Year 11 & 12 students can still be working on their assessment tasks and submit by the due date as per the Assessment Schedules. Some teachers have contacted students to postpone dates for tasks. New dates will be arranged for Term 2. We are aware of significant disruptions and changes, so the assessments will be marked with this in mind, with no need for a Student Appeal/ Request form, unless further significant issues have impacted the student completing their assessment.

I encourage Year 12 to keep checking students online <https://studentonline.nesa.nsw.edu.au/> for updates, support and resources.

A reminder for Year 7 & 9 students that **NAPLAN has been cancelled for 2020.**

## To Our Parents

I again want to thank you for your magnificent work in managing many competing priorities. I understand how trying to help students with their work while juggling your own work commitments, family worries and household tasks can be overwhelming at times. Your role in helping with the learning is appreciated and I value your efforts. Keep up the great work! <https://education.nsw.gov.au/teaching-and-learning/curriculum/learning-from-home/advice-to-parents-and-carers>

To my staff: you have been fantastic in incredibly challenging times and to be able to pivot to delivering learning so differently in such a short amount of time, has been fantastic. I appreciate each one of you and your efforts.

Thank you to everyone! Your amazing care and willingness to support others has been outstanding and I am so proud to be part of this community.

## Sentral: Student & Parent Portal

We have moved from a physical server to the cloud based server for Sentral. This has meant a few things:

- New address for the Student & Parent Portal: <https://junee-h.sentral.com.au/portal/login>
- New parent app! More information can be found here: <https://www.sentral.com.au/our-products/parents/>

With a lot of information going to students and parents, Sentral is still a great feature to check:

- Attendance
- Reports
- Wellbeing entries
- Assessment calendars

## Attendance

School is open and has never been closed, although we have requested students learn from home. Currently students have been allocated 1 day a week to return to school from Monday 11 May. Students may attend school on other days as well.

Teachers will be here supervising the learning as well as teaching their virtual lessons, preparing and marking work in the Google classroom and still connecting with students.

Parents can check their child's attendance in the Sentral Student & Parent Portal, monitoring if their child was at school or if they were absent, arrived late or left early

*Be your best. Be respectful. Be responsible*

**Mr Scott Frazier**  
**Principal**

## What's happening in Careers?

### Junee High School Careers Facebook Page

With this interesting time that we have there has been a lot of information coming into the Careers space for distribution to students. As a result, I have re-instated use of the Junee High School Careers Facebook page. As the school Facebook page is being used to distribute important school related information I thought it was a good idea to have my information distributed to those who want it. So, if you are wanting to keep up to date with everything HSC and beyond then take some time to have a look at the Junee High School Careers page.

## ADF Gap Year Program

The Australian Defence Forces are open for applications to their Gap Year program 2021. This amazing program sees a variety of roles being offered across Army, Navy and Airforce. Successful applicants will be enlisted for 1 year and as well as being paid they will complete a relevant qualification (usually at a Certificate II or III level). If you are interested in finding out more go to the following link. Applications for some of the programs e.g., helicopter pilot are very popular and therefore fill quickly so my advice is get in quick.

<https://www.defencejobs.gov.au/students-and-education/gap-year>

## Getting Active At Home

Keeping active and sane is more important now than ever. Physical activity is not only good for your body it is good for your mind. Being active not only helps us to keep healthy, it can help to boost our mental health, and during this anxious time away from school it is more important than ever to keep our minds clear and focused.

The Junee High School PDHPE faculty has started to put together some ideas here to help you get some physical activity for your weekly sport time with the help of technology.

Need a workout? It's here. Need a fun way to go for a run? It's here. Need a way to help deal with the current stress? It's here. Want to improve your sport specific skills? It's here too. If you have any other great links you would like us to add to the page, and share with your peers, please email the PDHPE staff and we will update the page.

All you have to do is click go to <https://sites.google.com/education.nsw.gov.au/jhsactiveathome/home>, click on the links OR the menu at the top of the page to link to an idea, app or activity.

In these challenging times, it is important to ensure that we are looking after ourselves as well as each other.

Below are some ideas that you may like to challenge yourself to. The aim is to complete an activity from each area of wellbeing. The recommendation says that attempting three per day from each area of wellbeing. You may have other activities that you could replace some of these with. We would like to hear from anyone who has attempted these or wellbeing activities of their own.

## Weekly wellbeing challenge for students – Week 2

Each box is worth 50 points – Your aim is to complete 150 points per day (across 3 columns)

Physical wellbeing	Emotional wellbeing	Social wellbeing	Cognitive wellbeing	Spiritual wellbeing
Cook a healthy meal for your family to share	Ask for help when you need it	Call a friend you haven't spoken to this year	Teach a family member something you have been learning about	Spend 15 minutes thinking about things you are thankful for today
Walk around the block with a pet or family member... twice!	Set aside time today to do something you love (e.g. read a book, draw a picture, listen to music)	Take a break from social media for the day – only have conversations with people you can actually see!	Read about a topic of interest that you have been meaning to explore but never got around to	Write a journal entry - focus on goals you have for your future and how you can work towards achieving them
Do 15 minutes of stretching or yoga	Watch something that makes you laugh, then share this with a friend or family member	Think about a recent problem with a friend/family member that you can forgive and forget	Writing a learning goal for next term and how you can work towards achieving it	Spend 10 minutes doing mindful meditation (e.g. Smiling Mind)
Get at least 8 hours of sleep and drink at least 7 glasses of water	Organise a messy space in your house (for you or on behalf of a family member)	Start a list of all the things you look forward to doing when you can see friends again	Learn to say 'hello' in 10 languages. See if you can remember them all 2 days later. <i>Bonus points for pronunciation</i>	Create a family tree. See how far back you can go. <i>Bonus points for finding out your great-grandmothers' maiden names</i>
Learn to juggle 3 items using 2 hands. Do not use eggs when practicing.	Reflect on your strengths. Practice one of your strengths today!	Write a list of qualities you admire about a family member and give it to them	Have a brain break! Can you click the fingers on your right whilst winking with your left eye? And your left hand/ right eye?	Plan out your day. What's one thing you want to achieve today?

The June High School PDHPE team.  
Good luck. Stay Safe.

## June HS Library Support

Hello students, parents and carers,

The below site has been established to support students at June High School with reading and research at home. The information in this site provides you with great places to find information for your classwork, homework and assessments.  
<https://sites.google.com/education.nsw.gov.au/juneehslibrary/june-high-school-library-support>

As your Teacher Librarian, it is also my priority to make sure you have access to quality reading material. You will see in the reading tab that there are lots of FREE digital reading options available to you. If you need any help accessing any of these, please ask.

If you have questions about reading and/or research please contact me at school on 6924 1666 or you can email me at [Marie.StRuth@det.nsw.edu.au](mailto:Marie.StRuth@det.nsw.edu.au)

Kind regards,

Mrs Speer.

## Canteen

Don't forget to try & support our School canteen, Maree is open each day but with a limited menu:

Ham & Cheese Toasties \$3

Chicken, Cheese & BBQ Sauce Toastie \$3

Sweet Chilli Chicken Wrap with Lettuce & Mayo \$4

Party Pies \$1 each

## Keep Them Separated Student Collage

Shout out to all the students at JHS. As we continue to work through these new circumstances of distancing ourselves and studying from home, we are going to be running some crazy fun wellbeing activities.

This week, we would love for as many students as possible to send in photos of yourself social distancing. Specifically, your study space or where you are doing your school work. These images can be serious or make them as funny as you can. Once we have lots of images, they will be edited and put into a collage. This collage will then be played during our next **online school assembly**.

So, what do you need to do?

1. Take a photo of your workspace, or example of you socially distancing yourself. This can include when you are at school as well.
2. Make sure you have permission for your image to be shown.
3. Send them to the school chaplain Mr King at [lucas.king9@det.nsw.edu.au](mailto:lucas.king9@det.nsw.edu.au) or Mr Turner at [Mark.Turner@det.nsw.edu.au](mailto:Mark.Turner@det.nsw.edu.au).
4. Tune into the next online school assembly to watch the shenanigans that ensue.

Finally, make sure that you are looking after yourselves. As you transition back to school, start to think about your routine, sleep habits, and keeping yourself healthy. If you are struggling with stress, anxiety, loneliness, or just need someone to chat with, please contact the school so we can put you in touch with one of the wellbeing staff. Alternatively, I encourage you to call <https://kidshelpline.com.au/> or 1800 55 1800 for any reason at all.

**Question:** Just like us, should pineapple be separated from pizza?





## Continuity Plan

Junee High School Continuity Plan. Thank you for your patience & support during the change.

#staysafe



### Junee High School Learning Continuity Plan – Phase 1 Commencing Monday 11 May, Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Students attending school</b>	Year 7 Stage 6 Children Of Families Who Need To Send Their Children	Children Of Families Who Need To Send Their Children	Children Of Families Who Need To Send Their Children	Children Of Families Who Need To Send Their Children	Year 8 Stage 6 Children Of Families Who Need To Send Their Children
<b>Faculties at school supervising learning</b>	English/ History/ Library HSIE/ MC Mr Fellows	Senior Exec, Ms Bunyan TAS/ CAPA	HSIE/ MC TAS/ CAPA Mr Fellows	Maths/ Science/ PDHPE Senior Exec, Ms Bunyan	English/ History/ Library Maths/ Science/ PDHPE
<b>SLSO at school</b>	Bec & Harrison	Amanda & Luci	Luci & Harrison	Steph & Amanda	Bec & Steph

Parents	Students
<ul style="list-style-type: none"> <li>School is open but you are encouraged to keep your children home except for their designated day</li> <li>The school canteen will commence operations in week 3.</li> <li>The school will have staff onsite from 8am to 4pm daily, for any pick up/ drop off of packages, HSC major works or Aurora classes.</li> </ul>	<ul style="list-style-type: none"> <li>Single unit of work provided to students.</li> <li>Students complete online lessons, google classroom activities or learning booklets while being supervised</li> <li>Distance education students completing their work still have access to their teachers</li> <li>MC students stay with their year group</li> <li>Stage 6 students have flexibility to sign in and out of the school during operational hours</li> <li>Students to bring in headphones, bringing in work booklets when at school, access google classroom, bring in any completed work, canteen open, water bottle, own hand sanitizers</li> <li>Each day's online virtual lessons will be posted on Facebook</li> </ul>

#### Week 2 for Year 12 only

- Yr 12 practical subjects with major projects attend school: D&T, IT Timber, Vis Art, Music.
- The classroom teachers will contact their students to organise extra days to come into school (Monday and/ or Friday)



## Blast From The Past Photos

















## COVID-19 Resources for Parents

### WEBSITES



<https://raisingchildren.net.au>

Provides free, reliable, up-to-date and independent information to help families grow and thrive together. Contains information on COVID-19 and how to help your family cope.



[www.esafety.gov.au](http://www.esafety.gov.au)

Information on how to stay safe online during the COVID-19 pandemic



[www.parentline.org.au](http://www.parentline.org.au)

1300 130 052

Provides telephone counselling, information and referral service for parents and carers of children ages 0 to 18 who live in New South Wales



[www.familyreferralservice.com.au](http://www.familyreferralservice.com.au)

1800 066 757

Brings together families, support services and community resources so that our children and young people are safe and well



<https://coronavirus.beyondblue.org.au>

1800 512 358

Information, advice and strategies to help you manage your wellbeing and mental health during the COVID-19 pandemic



<https://emergingminds.com.au>

Resources for parents and carers to best support their children and reduce worry and distress during the COVID-19 pandemic

### ARTICLES

(Click on title to view article)

[Coronavirus \(COVID-19\) and children in Australia](#)

[Communicating with your child about COVID-19](#)

[Physical distancing and family wellbeing](#)

[Home schooling & keeping kids busy during COVID-19](#)

[Helping your children get along during quarantine](#)

[What to Say to Your Child about the Coronavirus](#)

[Staying Sane When School is Closed](#)

[Working From Home with Kids](#)

### Official Coronavirus Information

NSW COVID-19 Website

[www.nsw.gov.au/covid-19](http://www.nsw.gov.au/covid-19)

Australian Government's National Coronavirus Helpline

1800 020 080 (24 hours, 7 days a week)

### Useful Contacts

Domestic Violence Line 1800 65 64 63

Mental Health Line 1800 011 511

Lifeline 13 11 14

Mensline 1300 78 99 78

In an emergency, please call 000 or go to a hospital emergency department

More information contact School-Link  
Phone 02 8677 1222  
<https://www.nshd.health.nsw.gov.au/CYH/TLFPages/CTMIS.aspx>

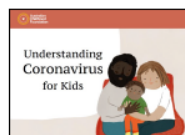
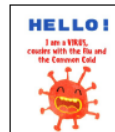
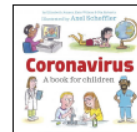


Health  
Northern Sydney  
Local Health District

## COVID-19 Resources for Parents

### BOOKS

Free children friendly ebooks available to download (click on book cover to download)



### WEBSITES FOR CHILDREN AND YOUNG PEOPLE

The Digital Lunchbreak <https://www.digitallunchbreak.nsw.gov.au>

The Digital Lunchbreak website has been developed in response to Covid-19 to collate a variety of activities and resources government and non-government organisations have made available for children and young people.



Kids Helpline <https://kidshelpline.com.au>

Kids Helpline is an Australian free, private and confidential, telephone and online counselling service specifically for young people aged between 5 and 25.



headspace <https://headspace.org.au>

Information, resources and support for young people dealing with mental health issues.



Youth Beyond Blue [www.youthbeyondblue.com](http://www.youthbeyondblue.com)

Information, resources and support for young people dealing with depression and/or anxiety.



Developed by Northern Sydney Local Health  
District School-Link & Got It! April 2020 ©



Health  
Northern Sydney  
Local Health District



## Year 12 Mito Fundraiser Winter Warmer Raffle



We want to warm up your winter with some goodies to thaw you out over the cooler months.



Prizes include:

- A wheelbarrow full of fire wood
- Fire bucket
- Marshmallows
- Vouchers
- Warm woollen socks
- More

Tickets on sale from Monday 11<sup>th</sup> of May.  
See your friendly Year 12 student or the Front Office Staff.  
\$2 a ticket or \$5 for 3

**Prizes drawn Monday 1<sup>st</sup> of June**





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## Dear Parents and Carers

In Term 2 2020, our school is taking part in the *Tell Them From Me* student survey. The survey will provide us with valuable feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help them improve. The survey is completed on-line and is run by an independent research company, **The Learning Bar**, which specialises in school-based surveys.

Staff in schools will **not** be able to identify individual students from their responses. To ensure confidentiality, participating students will receive a unique username and password. Where fewer than five students respond to a question, the results will be suppressed. The survey typically takes 30 minutes or less to complete and may be completed online by students at any time during the survey period. Once the surveys are completed by students, reports are prepared and in most cases are available to schools within three business days.

As well as schools getting student feedback, the Department of Education, through the Centre for Education Statistics and Evaluation (CESE), has access to data from across NSW and is running a research project to look at state-wide patterns of student wellbeing, engagement and effective teaching practices. The research is looking at how these things impact on student outcomes, including academic performance. Individual students will **not** be identified in any CESE publications, and all information will be handled in accordance with the relevant privacy legislation. Students' personal information will not be disclosed by the department to any other person or body other than as required by law.

This research will help schools in New South Wales to better understand how to improve student wellbeing and engagement. It will also help teachers and principals discuss what works to improve student outcomes.

Participating in the survey is entirely voluntary. Your child will not take part if either you or your child do not wish. If, during the survey, your child is uncomfortable, he/she can choose to stop the survey at any time. The majority of questions in the survey can be skipped.

If you **do not want your child to take part** in the survey, please complete the attached form and return it to the school by Wednesday 13 May 2020.

More information about the survey and the research is available in English on the CESE website: <http://surveys.cese.nsw.gov.au/information-for-parents>

Chris Robertson  
 Principal  
 Aurora College

Dr Jenny Donovan  
 Executive Director  
 Centre for Education Statistics and Evaluation

***Tell Them From Me Student Feedback Survey non-consent form***

If you **do not want** your child to participate in the student feedback survey, please sign this form and return it to the school by Wednesday 13 May 2020.

**I DO NOT** give consent for my child/children to participate in the *Tell Them From Me student feedback survey*.

Name of student 1

Roll class of student 1

.....

.....

Name of student 2

Roll class of student 2

.....

.....

Name of student 3

Roll class of student 3

.....

.....

Name of student 4

Roll class of student 4

.....

.....

Name of parent/carer .....

Signature of parent/carer .....

Date .....